



1. Get screened for cancer
  2. Eat healthy
  3. Exercise regularly
  4. Volunteer with Guam Cancer Care by contacting [clauron@guamcancercare.org](mailto:clauron@guamcancercare.org)
  5. LIKE Guam Cancer Care on Facebook
  6. Tell a friend about Guam Cancer Care
  7. Donate to a cancer support program
  8. Spread the word about the fight against cancer
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